

# Recommended Reading

## I. Science

### *General*

1. Humphries, Rolfe (Translator). *Lucretius, The Way Things Are: The De Rerum Natura of Titus Lucretius Carus* (1968); Indiana University Press.
2. Deutsch, David. *The Beginning of Infinity* (2011); Penguin Books. 3. Kuhn, Thomas S. *The Structure of Scientific Revolutions* (1962); University of Chicago Press. 4. Feynman, Richard. *The Character of Physical Law* (1965); M.I.T. Press.
5. *NOBEL PRIZE CONVERSATIONS with Sir John Eccles, Roger Sperry, Ilya Prigogine, Brian Josephson* (1985); Saybrook Publishing Company.
6. Rovelli, Carlo. *Anaximander* (2007). Translated by Marion Lignana Rosenberg; Westholme Publishing.
7. Fleischman, Paul R. *Wonder* (2013); Distributed by Small Batch Books. 8. Durant, Will. *The Greatest Minds and Ideas of All Times* (2002); Simon & Schuster.
9. McGilchrist, Iain. *The Master and His Emissary* (2009); Yale University Press.
10. Bryson, Bill. *The Body* (2019); Doubleday.
11. Davies, Robertson. *The Merry Heart* (including: “Can a Doctor be a Humanist?”) (1997); VIKING.

### *Causality*

1. Pearl, Judea. *The Book of Why* (2018); Basic Books and imprint of Perseus Books, LLC. 2. Popper, Karl. *The Logic of Scientific Discovery* (1935); Routledge.

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### *Conditioning*

1. Pavlov, I.P. *Conditioning Reflexes* (2015); Translated by G.V. Anrep; Martino Publishing.

## **II. Medicine/Healing Arts**

### *General*

1. Jacobi, Jolande (Editor). *Paracelsus, Selected Writings* (1979); Princeton University Press.

2. Lamb, F. Bruce. *Rio Tigre and Beyond* (1985); North Atlantic Books. 3. Cannon, Walter Bradford. *The Wisdom of the Body* (1963); W.W. Norton

Company. 4. Weil, Andrew. *Health and Healing* (1983); Houghton Mifflin Company.

5. Siegel, Bernie S. *Love, Medicine & Miracles* (1986); Harper & Row, Publishers, Inc.

6. Doidge, Norman. *The Brain That Changes Itself* (2007); Penguin Books. 7. Doidge, Norman. *The Brain's Way of Healing* (2016); Penguin Books.

### *Placebo*

1. Edelstein E.J., Edelstein J. *Asclepius: Collection and Interpretation of the Testimonies* (1945); Johns Hopkins University Press.

2. Harner, Michael. *The Way of the Shaman* (1980); Bantam Books. 3. Program in Placebo Studies & Therapeutic Encounter (PiPS).

<http://programinplacebostudies.org>

### *Body/Mind*

1. Harris, Dienstfrey. *Where the Mind Meets the Body* (1991); HarperCollins Publishers, Inc.

2. Rossi, Ernest L.; Ryan, Margaret O. *Mind-Body Communication in Hypnosis* (1986); Irvington Publishers, Inc.

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## **III. Philosophy/Literature**

## *General*

1. Russell, Bertrand. *The Will to Doubt* (1958); Philosophical Library, Inc. 2. Russell, Bertrand. *Mysticism and Logic and Other Essays* (1917); George Allen & Unwin, Ltd.
3. Russell, Bertrand. *In Praise of Idleness* (1972); Simon & Schuster.
4. Twain, Mark. *The Family Mark Twain: Corn-Pone Opinions* (1992); Barnes & Noble Books.
5. Dunn, Philip (Translator). *The Art of Peace* (2003); Tarcher/Putnam Books. 6. Rushdie, Salman. *The Enchantress of Florence* (2009); Random House, Inc.

## **IV. Psychology**

### *General*

1. James, William. *Principles of Psychology, Volume One* (1890); Henry Holt and Company; reprinted 1950, Dover Publications, Inc.
2. Knapp, Mark L.; Hall, Judith A.; Horgan, Terrence G. *Nonverbal Communication in Human Interaction, Eighth Edition* (2007); WADSWORTH CENGAGE Learning.

### *Hypnosis*

1. Tinterow, Maurice M. *Foundations of Hypnosis: From Mesmer to Freud* (1970); Charles C. Thomas, Publisher.
2. Bernheim, H. *Hypnosis & Suggestion in Psychotherapy: A Treatise on the Nature and Uses of Hypnotism*, originally published as *Suggestive Therapeutics* in 1884 (1964); University Books, Inc.
3. Esdaile, James. *Mesmerism in India, and Its Practical Application in Surgery and Medicine*, published originally in 1846 (2003); University Press of the Pacific.
4. Freud, Sigmund. *The Standard Edition, Volume I* (1966). Translated and Edited by James Strachey; The Hogarth Press, Ltd.

5. Erickson, Milton H. *The Collected Papers of Milton H. Erickson, Volumes 1-4*

(1980). Edited by Ernest L. Rossi; Irvington Publishers, Inc.

6. Erickson, Milton H. *Conversations with Milton H. Erickson, m.d., Volumes 1-3* (1985). Edited by Jay Haley; Triangle Press.

7. Erickson, Milton H. *Advanced Techniques of Hypnosis and Therapy* (1967). Edited by Jay Haley; Grune & Stratton, Inc.

8. Haley, Jay. *Uncommon Therapy* (1973); W.W. Norton & Company. 9. Erickson, Milton H. *My Voice Will Go with You: The Teaching Tales of Milton*

*H. Erickson* (1982). Edited by Sidney Rosen, M.D.; W.W. Norton & Company.